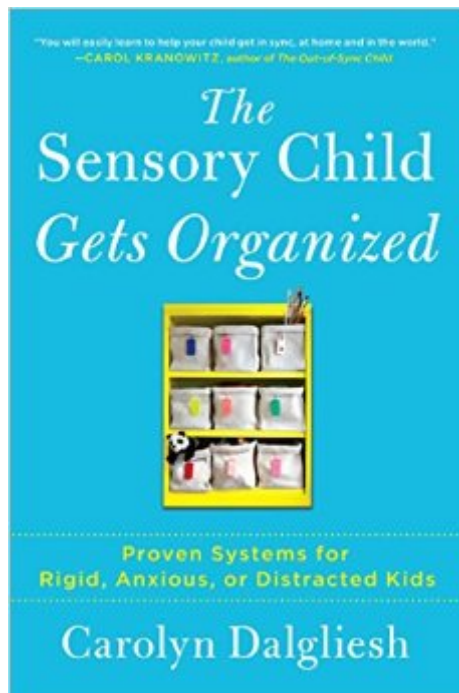


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# The Sensory Child Gets Organized: Proven Systems For Rigid, Anxious, Or Distracted Kids



## Synopsis

The only book that teaches the parents of sensory kids how to organize and empower their children for greater success at home, at school, and in life. Silver Winner, National Parenting Publications Awards (NAPPA) Parenting Resources Gold Honoree, Mom's Choice Awards Parenting "Special and Exceptional Needs" Every year, tens of thousands of young children are diagnosed with disorders that make it difficult for them to absorb the external world. Parents of sensory kids like those with sensory processing disorder, anxiety disorder, AD/HD, autism, bipolar disorder, and OCD often feel frustrated and overwhelmed, creating stress in everyday life for the whole family. Now, with *The Sensory Child Gets Organized*, there's help and hope. As a professional organizer and parent of a sensory child, Carolyn Dalglish knows firsthand the struggles parents face in trying to bring out the best in their rigid, anxious, or distracted children. She provides simple, effective solutions that help these kids thrive at home and in their day-to-day activities, and in this book you'll learn how to:

- Understand what makes your sensory child tick
- Create harmonious spaces through sensory organizing
- Use structure and routines to connect with your child
- Prepare your child for social and school experiences
- Make travel a successful and fun-filled journey

With *The Sensory Child Gets Organized*, parents get an easy-to-follow road map to success that makes life easier and more fun for your entire family.

## Book Information

Paperback: 272 pages

Publisher: Touchstone; Original edition (September 3, 2013)

Language: English

ISBN-10: 1451664281

ISBN-13: 978-1451664287

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 9.9 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars See all reviews (41 customer reviews)

Best Sellers Rank: #101,885 in Books (See Top 100 in Books) #129 in Books > Self-Help > Anxieties & Phobias #157 in Books > Parenting & Relationships > Special Needs > Disabilities #164 in Books > Health, Fitness & Dieting > Mental Health > Anxiety Disorders

## Customer Reviews

Did I enjoy this book: I liked the book. It was a bit wordy, and I felt that Dalglish was uncomfortable writing the first few chapters - they covered the basics on various sensory disorders, which are

clearly not her area of expertise - but otherwise it was great! When I'm reading a Special Education book I review it two different ways - once as an Applied Behavior Analysis professional and once as a parent. As an ABA professional there were a few things that irked me - mainly Dalglish's statement that "sensory kids are aware...that something is 'different' about them," along with her assumption that 'sensory kids' are always verbal. They're not - in either situation. But Dalglish makes no claims of being a Special Ed professional, so I'll give her a pass. All the way through the book I kept saying to myself, "Um, yeah, duh." "Obviously." "Well OF COURSE you would do that! Why wouldn't you?" I thought I was being a Special Ed snob, but then I realized something. Carolyn Dalglish is a genius. She's taken her organizational skills (which, as someone with OCD, I utterly appreciate), and used them to help parents - the parents of any child - streamline, simplify, and relax their lives. She focuses on long-term lessons, not specific tasks or behaviors, so by reading this book you'll end up with an overall strategy for parenting, not one program designed to target one specific behavior. Dalglish conveys the basics of ABA in an informal, friendly tone: be an objective observer and understand your child rather than trying to fix him. She's also figured out that a lot of what we, as Special Education professionals, DO is common sense: break down problematic tasks into easy steps, get rid of the distractions, and use visual aids.

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